



Foothills Soccer Travel Policies and Procedures

The Calgary Foothills Soccer club has worked hard to build relationships with many clubs & associations worldwide especially in Canada & USA.

It is a privilege to be able to participate in Foothills club training tour & team tournaments to continue and increase participation in these programs. We ask that any member of the Calgary Foothills Soccer Club that is participating in club training tours or team tournament act as a good will ambassador for our club.

The following travel policies and procedures will be followed by ALL Calgary Foothills Soccer Club teams when travelling for out-of-town soccer events.

1. Objective

The objective of the trip is to experience a premier soccer competition and cultivate an experience with unforgettable memories.

This will allow players to showcase their talents and gain valuable knowledge to improve their own game.

Players will be granted some “free time”, to develop team bonding and partake in injury prevention and recovery time.

Playing time is based on a combination of the following factors: Match fitness, Performance, Ability to contribute in the predetermined Tactical Match Plan and the player’s attitude on and off the pitch.

2. Player Conduct

- Players are not permitted to leave their accommodations or group under any circumstances unless accompanied by an adult, or unless they have been granted permission by their coach(es) or chaperone(s).
- A player who is granted permission to leave the group without an adult must be accompanied by another teammate.
- **Curfews:** Curfews will be set on a daily basis depending on team activities. Any violation of this procedure will be deemed as a serious offence subject to discipline.



- Players are not allowed in the coach's rooms without a chaperone.
- In the case where female teams are travelling. Absolutely no opposite genders in team rooms.
- Players will not possess or use alcohol, drugs, vaping pens, or cigarettes at any time. Players will be severely disciplined as a result.

3. Violation of Travel Policies and Procedures

- Any player who violates team travel policies or procedures may receive a reduction of playing time or be sent home from the tournament/team at their parent's expense depending on the nature of the violation.
- All players will act in an appropriate manner to positively represent their Province, City and Calgary Foothills Soccer Club.
- All players will abide by the rules and regulations of the tournament in which we are playing.
- All players and parents will be respectful of the officials, opponents, and referees at all times.



4. Daily Agenda

- A tournament itinerary/schedule will be prepared by the team coach/manager/chaperone and must be followed by all players.
- The itinerary will include such helpful knowledge such as match times, training times, mealtimes, meeting times and team activities.
- Players are responsible for arranging their own wakeup calls and checking the itinerary daily. Repeated tardiness will not be tolerated. Hotel wake up calls will be arranged for all player rooms.
- All electronics, including phones, tablets and others will be handed in by the players to ensure maximum sleep, and to avoid distracting teammates. These will be returned to the player the next morning at breakfast.

5. Players Responsibilities

- Players are required to know the itinerary/schedule for the tournament.
- No swimming or hot tub *in between* matches unless approved by the coach for Injury recovery. Swimming or hot tub after matches must also be approved by the team coach.

6. Club Attire

All players & coaching staff must wear club approved Foothills gear to:

- When travelling, playing, training and otherwise representing our club as team in any capacity.
- When traveling, especially internationally, it is advisable to wear Foothills gear for easy identification of team members as well as to market
- To all team activities, include team events, team meals and watching any tournament games.

7. Tournament Expenses

- All Tournament expenses occurred with be at the expense of each individual team

8. AYSL Travel Policies

Below are mandatory travel policies for all Foothills teams participating in the AYSL (Alberta Youth Soccer League)

When away games or out of town games kick-off BEFORE 2:00PM. All AYSL teams will:

- travel the night before and the players will stay in appropriate hotel accommodations with 2-4 players to a room & 1 chaperone for every 5 players.
- All parents will be required to stay at a different hotel than the players, coaches and chaperones.
- Follow ALL travel policies and guidelines listed above when overnight travel is required

When away games or out of town games kick-off AFTER 2:00PM. All AYSL teams will:

- Have the option to travel up the night before following all travel policies listed above or travel up the same day. This will be at the coach's direction

or

- Follow the mandatory timeline below when travelling up on the same day as the game. Below is an example timeline based on a 2:00PM Kick-Off
- **Option 1:**
 - 8:30AM: Team Meets at neutral location for carpooling and preparation for departure
 - 9:00AM: Team Departs through the following options:
 - Carpooling (recommended)
 - Bus Rental
 - Mini Bus Rental
 - Players can travel with parents
 - 10:30AM: Pre-Game Team Meal in Red Deer (restaurant at discretion of team)
 - 11:30AM: Depart Red Deer
 - 1:00PM: Arrive at Field

- 2:00PM Kick-Off
- 4:30PM: Depart back to Calgary

- **Option 2:**

- 8:00AM: Team Meets at neutral location for carpooling and preparation for departure
- 8:30AM: Team Departs through the following options:
 - Carpooling (recommended)
 - Bus Rental
 - Mini Bus Rental
 - Players can travel with parents
- 11:30AM: Pre-Game Meal and Pre-Game Meeting at Hotel Conference Room (expenses to be occurred by team)
- 12:30PM: Depart to Field
- 1:00PM: Arrive at Field
- 2:00PM Kick-Off
- 4:30PM: Depart back to Calgary

